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| **Day 1** | * Introductions   Housekeeping  Introduction to Course  Syllabus and Examinations   * E1: The Foundations of Construction Health and Safety Management (1.1) | **B R E A K** | * E1: The Foundations of Construction Health and Safety Management (1.2) | **LUNCH** | * E1: The Foundations of Construction Health and Safety Management (1.3, 1.4) | **B R E A K** | * E1: The Foundations of Construction Health and Safety Management (1.5) * Review of day and directed study brief |
| **Day 2** | * Introduction * The Foundations of Construction Health and Safety Management (1.6, 1.7) | * E1: The Foundations of Construction Health and Safety Management (1.7) | * E2: Improving Health and Safety Culture and Assessing Risk (2.1, 2.2) | * E2: Improving Health and Safety Culture and Assessing Risk (2.2, 2.3) * Review of day and directed study brief |
| **Day 3** | * Introduction * E2: Improving Health and Safety Culture and Assessing Risk (2.3, 2.4) | * E2: Improving Health and Safety Culture and Assessing Risk (2.4) | * E3: Managing Change and Procedures (3.1, 3.2) | * E3: Managing Change and Procedures (3.3, 3.4) * Review of day and directed study brief |
| **Day 4** | * Introduction * E3: Managing change and procedures (3.4, 3.5) | * E4: Excavation (4.1) | * E4: Excavation (4.2, 4.3) | * E5: Demolition (5.1) * Review of day and directed study brief |
| **Day 5** | * Introduction * E5: Demolition (5.2) | * E6: Mobile Plant and Vehicles (6.1, 6.2) | * E6: Mobile Plant and Vehicles (6.2, 6.3) | * E7: Working at Height (7.1) * Review of day and directed study brief |
| **Day 6** | * Introduction (welcome back) cover any issues arising from previous studies. * E7: Working at Height (7.2) | **B R E A K** | * E7: Working at Height (7.2) | **LUNCH** | * E7: Working at Height (7.2, 7.3) | **B R E A K** | * E8: Musculoskeletal Health and Load Handling (8.1) * Review of day and directed study brief |
| **Day 7** | * Introduction * E8: Musculoskeletal Health and Load Handling (8.2) | * E8: Musculoskeletal health and Load Handling (8.3) | * E9: Work Equipment (9.2) | * E9: Work Equipment (9.3) * Review of day and directed study brief |
| **Day 8** | * Introduction * E9: Work Equipment (9.3, 9.4) | * E10: Electricity (10.1, 10.2) | * E10: Electricity (10.2, 10.3, 10.4) | * E11: Fire (11.1, 11.2, 11.3) * Review of day and directed study brief |
| **Day 9** | * Introduction * E12: Chemicals and Biological Agents (12.1) |  | * E12: Chemicals and Biological Agents (12.2) |  | * E12: Chemicals and Biological Agents (12.4) |  | * E13: Physical and Psychological Health (13.1, 13.2) * Review of day and directed study brief |
| **Day 10** | * Introduction * E13: Physical and Psychological Health (13.3) |  | * E13: Physical and Psychological Health (13.4) |  | * E13: Physical and Psychological Health (13.5, 13.6) |  | * Introduction to the open-book exam |