



### Group bookings:

Available at your business or ours in Barrow, Cumbria.

**BIG SAVINGS  
ON GROUP  
BOOKINGS!**



### Huge range of other courses available:

- IOSH Working Safely
- NPORS Plant training
- Manual handling
- Safe use of ladders
- Pneumatics & Hydraulics
- Extinguisher awareness

View our full range of courses at [ardentsafety.co.uk](http://ardentsafety.co.uk)



### Our Fire Safety Services:

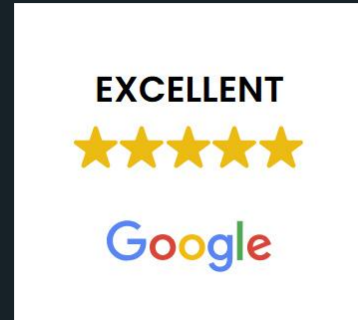
- Fire risk assessments
- Extinguisher supply & maintenance
- PAT testing

### Delivering courses throughout the UK!

Wherever you are in the UK, Ardent Safety is here to make your workplace safer.



We're rated **EXCELLENT** on Google!



"The trainer's knowledge and skill set was remarkable. Definitely recommend this course to others"

- Adam Barker



Scan the code if you've trained with us and want to leave us a **Google Review**:

### Contact Details:

Tel: 01229 808320  
Email: [info@ardentsafety.co.uk](mailto:info@ardentsafety.co.uk)  
Web: [ardentsafety.co.uk](http://ardentsafety.co.uk)

### Address:

Suite 3, Trinity Enterprise Centre, Ironworks Road, Barrow In Furness, Cumbria, LA14 2PN.



# Ardent Safety

Health and Safety for Your Workplace

## TRAINING DATES 2026

»»» **Safe in the Knowledge**



- First Aid
- Fire Warden
- Plant Training
- NEBOSH & IOSH
- Mental Health
- And more...

Prices are exclusive of VAT

Date	Course	Cost /delegate	Location
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### January

14	Emergency First Aid at Work	£145	Barrow
19-20	Paediatric First Aid	£185	Barrow
12-16	NEBOSH General Certificate (NG1)	£725	Barrow
19-23	NEBOSH General Certificate (NG2)	£725	Barrow
27	Fire Warden	£145	Barrow

### February

2	Emergency First Aid at Work	£145	Barrow
10-11	First Aid at Work Requalification	£220	Barrow
25	Fire Warden	£145	Barrow

### March

3	Emergency First Aid at Work	£145	Barrow
16-18	First Aid at Work	£310	Barrow
25-26	IOSH Managing Safely	£425	Barrow
24	Fire Warden	£145	Barrow

### April

14	Emergency First Aid at Work	£145	Barrow
20-21	Paediatric First Aid	£185	Barrow
30	Fire Warden	£145	Barrow

Prices are exclusive of VAT

Date	Course	Cost /delegate	Location
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### May

11	Emergency First Aid at Work	£145	Barrow
11-15	NEBOSH General Certificate (NG1)	£725	Barrow
18-22	NEBOSH General Certificate (NG2)	£725	Barrow
18	Fire Warden	£145	Barrow
20-21	First Aid at Work Requalification	£220	Barrow

### June

1-12	NEBOSH Construction	£1300	Barrow
9	Emergency First Aid at Work	£145	Barrow
15-17	First Aid at Work	£310	Barrow
25	Fire Warden	£145	Barrow

### July

1-3	IOSH Managing Safely	£425	Barrow
4	Emergency First Aid at Work	£145	Barrow
6-7	Paediatric First Aid	£165	Barrow
8	Emergency First Aid at Work	£145	Barrow
9	Fire Warden	£145	Barrow

### August

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Prices are exclusive of VAT

Date	Course	Cost /delegate	Location
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### September

10	Emergency First Aid at Work	£145	Barrow
14-16	First Aid at Work	£310	Barrow
22	Fire Warden	£145	Barrow

### October

12	Emergency First Aid at Work	£145	Barrow
13-14	Paediatric First Aid	£165	Barrow
13-15	NEBOSH Fire	£995	Barrow
21	Fire Warden	£145	Barrow

### November

2-3	First Aid at Work Requalification	£220	Remote
2-4	IOSH Managing Safely	£425	Barrow
4	Emergency First Aid at Work	£145	Barrow
16-20	NEBOSH General certificate (NG1)	£725	Barrow
23-27	NEBOSH General certificate (NG2)	£725	Barrow
23	Fire Warden	£145	Barrow

### December

1-3	First Aid at Work	£310	Barrow
8	Fire Warden	£145	Barrow
10	Emergency First Aid at Work	£145	Barrow